



PSHE & SMSC Policy

Why?

PSHE education gives pupils the knowledge, skills, and attributes they need to keep themselves healthy, happy and safe and to prepare them for life and work in modern Britain. At George Betts Primary Academy, children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children.

Schools have a statutory responsibility to support pupils' **SMSC** (spiritual, moral, social and cultural) development. Pupils' spiritual, moral, social and cultural development equips them to be thoughtful, caring and active citizens in school and in wider society. As a school, we have a duty to 'actively promote' the fundamental **British values** of democracy, the rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs. PSHE, SMSC and British Values are at the core of our ethos and central to our approach; they are integral components of our '**Learning for Life**' curriculum.

What?

Our PSHE curriculum is broad and balanced, ensuring that it:

- *Promotes the spiritual, moral, social and cultural development of our children (SMSC);
- *Prepares our children for the opportunities, responsibilities and experiences they already face and for future adult life (e.g. teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world);
- *Provides information about keeping healthy, happy and safe, emotionally and physically;
- *Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment;
- *Actively promotes British Values.

When? How?

At George Betts, we follow the '**3D PSHE Programme**' which is an invaluable, up-to-date, well planned programme for schools that can be used to deliver sessions from Nursery to Year 6. The overview of all topics is available on our school website, but focus on three core themes; Health and Wellbeing, Relationships and Living in the Wider World (which includes Extremism and Radicalisation).

- ❖ Weekly 30 minute circle time/PSHE sessions every Monday morning (whole school, 9-9.30am) following 3D PSHE programme.
- ❖ Wellbeing assemblies, led by SLT, delivered at least half termly - focussing on keeping ourselves **happy, healthy & safe**.
- ❖ Thought of the week shared every Monday and referred to throughout the week.
- ❖ Weekly assemblies, led by class teachers, make links to British Values.
- ❖ Each class (Y1 to Y6) has an SMSC learning/display board.
- ❖ British values are displayed on the SMSC board and used/discussed with the children throughout the week.
- ❖ SMSC boards reflect what is going to be taught over the coming half term.
- ❖ Displays around school reflect SMSC and British values.
- ❖ All staff are encouraged to promote a '**Growth Mindset**'; to build reflective, aspirational, self motivated learners who embrace challenges and making mistakes:
"Resilient children are better equipped to resist stress and adversity, cope with change and uncertainty, and to recover faster and more completely from traumatic events or episodes".
(Newman and Blackburn, 2002)

Who?

***Teachers** are responsible for delivering the 3D PSHE programme weekly and following the 'When and How' listed in this policy.

***Teachers** are responsible for referring to 'Growth Mindset' in lessons, with the intention to embed characteristics across curriculum subjects and beyond (teamwork, initiative, resilience, perseverance, independence etc)

*The **PSHE leader** is responsible for carrying out half-termly learning walks to monitor the use of SMSC boards.

***SLT** will ensure that the assembly rota covers range of topics/themes which support SMSC development and British Values

*The **PSHE leader** will carry out pupil conferencing, at least annually, to monitor children's knowledge and understanding of how to keep themselves happy, healthy and safe.

Supporting documents:

RE Policy, PSHE Overview, 3D PSHE Programme

