

# Quality food options every day

Full details of dishes & allergen information are available at: [sips.co.uk/foodportal](https://www.sips.co.uk/foodportal)

Week Commencing:

02/11/2020

16/11/2020

30/11/2020

14/12/2020

04/01/2021

18/01/2021

01/02/2021

Week 1

## MONDAY

### MAINS

Lemon Sole Bites  
Boiled Potato,  
Peas, Carrots

Jacket Potato **V**, Cheese &  
Baked Beans

### DESSERTS

Chocolate Brownie  
Fresh Fruit Slices

## MONDAY

### MAINS

Fish Fingers,  
Herby Diced Potatoes  
Baked Beans

Quorn Southern Style Burgers **V**  
Herby Diced Potatoes  
Baked Beans

### DESSERTS

Melting Moments  
Fresh Fruit Slices

Week Commencing

09/11/2020

23/11/2020

07/12/2020

11/01/2021

25/01/2021

08/02/2021

Week 2

## TUESDAY

### MAINS

Pork Sausage Hot Dog  
Herby diced potatoes  
Peas, Tomato Ketchup

Vegetarian Sausage Hot Dog **V**  
Herby diced potatoes  
Peas, Tomato Ketchup

### DESSERTS

Iced Shortbread Biscuit  
Fresh Fruit Platter

## TUESDAY

### MAINS

Chicken Meatballs, Pasta &  
Sweetcorn

Jacket Potato with Cheese &  
Coleslaw or Baked Beans **V**

### DESSERTS

Fruit Flapjack  
Fresh Fruit Slices

## WEDNESDAY

### MAINS

BBQ Chicken  
Savoury Rice,  
Carrots

Quorn & Sweet Potato Curry **V**  
Brown & White Rice  
Nan Bread

### DESSERTS

Fruit Jelly  
Fresh Fruit

## WEDNESDAY

### MAINS

Roast Chicken  
Boiled Potatoes, Broccoli,  
Carrots, Gravy

Vegetable Burger, **V**  
Boiled Potatoes, Broccoli,  
Carrots, gravy

### DESSERTS

Muller Yoghurt  
Fresh Fruit

## THURSDAY

### MAINS

Chicken Pasta Bake  
Garlic Bread  
Sweetcorn

Margherita Pizza, **V**  
Seasoned Wedges,  
Baked Beans

### DESSERTS

Muller Yoghurt  
Fresh Fruit

## THURSDAY

### MAINS

Pork Sausage  
Jacket wedges  
Sweetcorn

Loaded Cheese Pizza **V**  
Jacket wedges  
Sweetcorn

### DESSERTS

Fruit Jelly  
Fresh Fruit Platter

## FRIDAY

### MAINS

Harry Ramsden's Junior Pollock &  
Tomato Ketchup  
Chips,  
Peas

Cheese & Onion Lattice & Tomato  
Ketchup **V**  
Chips,  
Peas,

### DESSERTS

Cocoa Crunch Cookie  
Fresh Fruit

## FRIDAY

### MAINS

Popcorn Chicken & Tomato  
Ketchup  
Chips & Baked Beans

Quorn Vegan Nuggets **Vg**, &  
Tomato Ketchup  
Chips & Baked Beans

### DESSERTS

Frozen Strawberry Yoghurt  
Fresh Fruit

Served daily: Bread Basket, Fruity Water, Assorted Salad, Seasonal Vegetables served at the counter. Dishes may change without prior notice.

