

# George Betts PSHE overview – Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Healthy lifestyle Lesson 1: Healthy Eating Vote Green	Unit 3: Changing and growing Lesson 3: growing up All grown up	Extremism and Radicalisation Lesson 1: Fact and opinion P.1 I can run faster...	Extremism and Radicalisation Lesson 2: Right or wrong P.2 Redfern right	Extremism and Radicalisation Lesson 3: Valuing difference P.3 The Boring Song	Unit 2: Bullying Lesson 3: Behaviour Bullying is...
Week 2	Unit 1: Healthy lifestyle Lesson 2: Healthy eating Meat Eaters	Unit 4: Emotions Lesson 1: Happiness Smile	Unit 1: Rules and responsibilities Lesson 3: Taking turns It's your turn! (Needs resources)	Unit 3: Money and finance Lesson 1: Money Grows on trees? (Needs resources)	Unit 5: Keeping safe Lesson 1: Sun safety P.27 It's a cover up!	Unit 3: Fairness Lesson 1: Fair and unfair It's not fair!
Week 3	Unit 2: Hygiene Lesson 1: Dental Hygiene Brushing up	Unit 4: Emotions Lesson 4: Sadness How to cope *Sensitive issue	Unit 1: Rules and responsibilities Lesson 6: Caring Talking to plants (may use cress))	Unit 3: Money and finance Lesson 3: Money Keep it safe	Unit 1: Communication Lesson 1: Feeling How I feel (Book required)	Unit 3: Fairness Lesson 2: Comparisons All the same
Week 4	Unit 2: hygiene Lesson 4: Washing hands Meet grub!	Unit 5: keeping safe Lesson 3: Drug safety Magic medicine	Unit 2: Communities Lesson 2: Belonging I Belong...	Unit 3: Money and finance Lesson 5: Choices This or that?	Unit 1; communication Lesson 5: cooperation Want to play? (Needs resources)	Unit 3: fairness Lesson 6: Kindness Give a little (Use dojos as gifts)
Week 5	Unit 3: Changing and growing Lesson 1: similarities and differences Boys v girls	Unit 5: Keeping Safe Lesson 4: personal safety Secret surprise	Unit 2: Communities Lesson 5: Local citizenship Community care (could be incorporated into FLIP or just teach intro)	Unit 3: Money and finance Lesson 6: Enterprise Dragon's Den (Needs resources)	Unit 2: Bullying Lesson 1: Definition A Bully is...	Unit 4: Family and friends Lesson 1: Friendship Forever Friends
Week 6	Unit 3: Changing and growing Lesson 2: The human body Body Bits *Sensitive issue	Unit 5 Keeping Safe Lesson 5: Emotional safety Getting help	↓	↓	Unit 2: Bullying Lesson 2: Unkindness Blame game (Needs resources)	Unit 4: Family and friends Lesson 2: friendship Make friends

Core theme 1: Health and Wellbeing  
 Core theme 2: Relationships  
 Core theme 3: Living in the Wider World  
 Extremism and Radicalisation



# George Betts PSHE overview – Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Healthy lifestyles Lesson 5: Physical Activity Mighty muscles	Unit 4: Emotions Lesson 3: Love Three little words	Extremism and Radicalisation Lesson 1 : Fact and opinion P.1 I can run faster...	Extremism and Radicalisation n Lesson 2: Right or wrong P.2 Redfern right	Extremism and Radicalisation Lesson 3: Valuing difference P.3 The Boring Song	Unit 2: Bullying Lesson 5: Behaviour Help Me!
Week 2	Unit 2: Hygiene Lesson 2: Dental Hygiene Bright White	Unit 4: Emotions Lesson 5: Consequences Good v Bad	Unit 1: Rules and responsibilities Lesson 4: lending/borrowing The Borrowers	Unit 3: Money and finance Lesson 1: Money Grows on trees?	Unit 5: Keeping safe Lesson 1: Sun safety It's a cover up!	Unit 3: Fairness Lesson 3: Behaviour In my shoes
Week 3	Unit 3: Changing and Growing Lesson 4: Changing needs I need...	Unit 4: Emotions Lesson 6: Aspirations It's a goal	Unit 1: Rules and responsibilities Lesson 5: Sharing Share the booty	Unit 3: Money and finance Lesson 2: Money Coining it in!	Unit 1: Communication Lesson 2: Responses You and me (Needs book)	Unit 3: Fairness Lesson 4: Right and wrong In the right
Week 4	Unit 3: changing and growing Lesson 5: Responsibility Who's at fault?	Unit 5: Keeping safe Lesson 2: Road safety Green X code	Unit 2: Communities Lesson 1: Our school Common Goals	Unit 3: Money and finance Lesson 4: Money Shopping list (Needs resources)	Unit 1: Communication Lesson 4: Cooperation Negotiation (Needs resources)	Unit 3: Fairness Lesson 5: Teasing Cry Baby
Week 5	Unit 3: Changing and Growing Lesson 6: emotions Mood Swings	Unit 5: Keeping safe Lesson 6: Internet Safety E-safety	Unit 2: Communities Lesson 3: Belonging Join our club (Opportunity for a visitor))	Unit 3: Money and finance Lesson 6: Enterprise P.79 Dragon's Den (Needs resources)	Unit 1: Communication Lesson 7: Good manners How rude	Unit 4: Family and friends Lesson 3: Friendship Hola! Bonjour!
Week 6	Unit 4: Emotions Lesson 2: Anger Grrr!	Unit 5: Respect Lesson 7: Staying safe I don't know you	↓	↓	Unit 2: Bullying Lesson 4: Behaviour + and -	Unit 4: Family and friends Lesson 5: Family My Family (Needs Book)

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# George Betts PSHE overview – Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental I am who I am	Unit 5: Emotions Lesson 5: Feelings changes Overreacting	Extremism Lesson 1: Building Courage and resilience *Sensitive issue	Extremism Lesson 2: Extreme reactions *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily Influenced *Sensitive issue	Unit 3: Bullying Lesson 3: Persistence and resilience Don't give up
Week 2	Unit 1: Health Lesson 3: Physical , emotional and mental Three in one	Unit 6: Safety Lesson 2: Online Privacy The secrets jar	Unit 1: Rules and responsibilities Lesson 1: Rules P.46 I'm in charge	Unit 2 : Diversity Lesson 2: School communities School swap. ( Look at schools from other areas of the world)	Unit 1: Communication Lesson 1: Clear message Dot, dot, dash	Unit 3: Bullying Similarities and differences Lesson 1: Connections Paper chains
Week 3	Unit 2: Healthy Lifestyles Lesson 1: A balanced approach Define Healthy	Unit 6: Safety Lesson 3: Online Privacy E-protection	Unit 1: Rules and responsibilities Lesson 2: Thinking ahead P.47 Lesson Planning (ch to plan lessons in groups)	Unit 3: Discrimination Lesson 1: Gender stereotypes His and Hers	Unit 1: Communication Lesson 2: How to listen Listen up	Unit 4: Similarities and differences Lesson 2: family links Family tree
Week 4	Unit 4: Aspirations Lesson 1: Identified strength I'm good at that	Unit 7: Growing Changing Lesson 1: Before puberty You've Grown (Children to bring in baby photos)	Unit 1: Rules and responsibilities Lesson 3: Taking the lead P.48 Learning time (Allow 2 sessions)	Unit 4: Economic Awareness Lesson 1: Money choices P.52 A million dollars (deliver over 2 sessions)	Unit 2: Collaboration Lesson 1: Working together Name Game	Unit 5: Healthy relationships Lesson 1: Friendship Best features
Week 5	Unit 5: Emotions Lesson 1: Loss/separation Lost! *Sensitive issue	Unit 8: First aid Lesson 1: How to help Who to call (Needs resources)	As above . Allow 2 sessions for children to deliver lessons.	Unit 4: Economic Awareness Lesson 1: Money P.52 A million dollars (Plenary)	Unit 2: Collaboration Lesson 3: Shared goals Better places (May focus on classroom)	Unit 5: Healthy relationships Lesson 2: Friendships Circles time
Week 6	Unit 5: Emotions Lesson 4: Family changes P.18 Two Homes * Sensitive Issue	Unit 8: First Aid Lesson 2: Emergency Calls Calling 999	Unit 1: Rules and responsibilities Lesson 3: Taking the lead P.48 Learning time (complete plenary)	Unit 4: Economic Awareness Lesson 2: Managing money P.53 Design choice	Unit 3: Bullying Lesson 1: Reactions Frustration	Unit 5: Healthy relationships Lesson 3: Friendship Falling out

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# George Betts PSHE overview – Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental I am who I am	Unit 5: Emotions Lesson 3: Loss/separation Left behind *Sensitive issue	Extremism Lesson 1: Building Courage and resilience *Sensitive issue	Extremism Lesson 2: Extreme reactions *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily Influenced *Sensitive issue	Unit 3: Bullying Lesson 4: Negative persistence Over and over
Week 2	Unit 2: Healthy Lifestyles Lesson 2: Physical Exercise Active kids?	Unit 5: Emotions Lesson 6: Self-respect Let's ROCK	Unit 1: Rules and responsibilities Lesson 1: Rules P.46 I'm in charge	Unit 2 : Diversity Lesson 2: School communities P50 School swap. ( Look at schools from other areas of the world)	Unit 1: Communication Lesson 3: Responding to others Agony aunts	Unit 4: Similarities and differences Lesson 3: Religious views Faith findings
Week 3	Unit 2: Healthy Lifestyles Lesson 4: Sleep Sweet dreams	Unit 6: Safety Lesson 5: Internet use Online usage	Unit 1: Rules and responsibilities Lesson 2: Thinking ahead P.47 Lesson Planning (ch to plan lessons in groups)	Unit 3: Discrimination Lesson 1: Gender stereotypes P.51 His and Hers	Unit 1: communication Lesson 4: Expressing opinions It's debatable	Unit 4: Similarities and differences Lesson 4: Religious views Inside outside
Week 4	Unit 3: Nutrition and food Lesson 1: A balanced diet Plant or animal?	Unit 6: Safety Lesson 6: Internet use Age limits	Unit 1: Rules and responsibilities Lesson 3: Taking the lead P.48 Learning time (Allow 2 sessions)	Unit 4: Economic Awareness Lesson 1: Money choices P.52 A million dollars (deliver over 2 sessions)	Unit 2: Collaboration Lesson 2: Working together Build it up! (Need resources)	Unit 5: Healthy relationships Lesson 1: Friendship Best features
Week 5	Unit 4: Aspirations Lesson 2: Identified strengths Future me	Unit 8: First Aid Lesson 2: Emergency Calls Calling 999	As above . Allow 2 sessions for children to deliver lessons.	Unit 4: Economic Awareness Lesson 1: Money P.52 A million dollars (Plenary)	Unit 2: Collaboration Lesson 3: Shared goals Better places	Unit 5: Healthy relationships Lesson 2: Friendships Circles time
Week 6	Unit 5: emotions Lesson 2 : Loss/separation Found! *Sensitive issue	Unit 8: First aid Lesson 3: Emergency call Ambulance now	Unit 1: Rules and responsibilities Lesson 3: Taking the lead P.48 Learning time (complete plenary)	Unit 4: Economic Awareness Lesson 2: Managing money P.53 Design choice	Unit 3: Bullying Lesson 2: Self-worth I'm a marvel	Unit 5: Healthy relationships Lesson 4: Friendships The BAFTAs

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# George Betts PSHE overview – Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Healthy lifestyles Lesson 1: Physical, emotional and mental 3-Dimensional	Unit 4: Emotion Lesson 1: Death and grief It's natural *Sensitive issue	Extremism Lesson 3: Minority groups P.3 That's so gay! *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily influenced *Sensitive issue	Radicalisation Lesson 5: Terrorism P.5 Ground Zero *Sensitive issue	Unit 3: Similarities and differences Lesson 3: Culture Cultural feast
Week 2	Unit 1: Healthy lifestyles Lesson 4: Physical illness Blough!	Unit 4: Emotions Lesson 3: Managing conflict Families at war *sensitive issue	Unit 1: Rights and responsibilities Lesson 1: Structure Just imagine...	Unit 3: Economic Awareness Lesson 1: Budgeting Money supermarket (Needs resources)	Unit 1: Communication Lesson 1: Confidentiality Secret info	Unit 4: Healthy relationship Lesson 1: Physical contact Touch sensitive *Sensitive issue
Week 3	Unit 2: Nutrition and food Lesson 1: Food choices Secret eaters (Needs resources)	Unit 5: Safety Lesson 2: Alcohol Drinkaware *sensitive issue	Unit 1: Rights and responsibilities Lesson 2: Law and order In charge	Unit 3: Economic awareness Lesson 2: Consumer sense Payment terms	Unit 1: Communication Lesson 3: Responding Scenarios	Unit 2: Collaboration Lesson 3: Shared goals Better places
Week 4	Unit 2: Nutrition and food Lesson 2: Food choices Invention team	Unit 5: Safety Lesson 3: Tobacco Up in smoke *sensitive issue	Look at current events	Unit 4: Enterprise Lesson 2: Generating income Raising money	Unit 2: Collaboration Lesson 3: Community spirit All join in	Unit 3: Healthy relationships Lesson 3: Marriage I promise *Sensitive issue
Week 5	Unit 3: Aspirations Lesson 1: identified strengths Big Dreams	Unit 5: Safety Lesson 5 Basic first-aid First-aid tips	Unit 1: Rights and responsibilities Lesson 3: U.N. rights Our rights	Unit 3: Economic awareness Lesson 3: Consumer sense (project)	Unit 3: Similarities and Differences Lesson 1: race and ethnicity United States?	Unit 3: Healthy relationships Lesson 4: mental wellbeing Mind business *Sensitive issue
Week 6	Unit 3: Aspirations Lesson 3: Setting goals Super futures	Unit 5: Safety Lesson 6: Internet safety Fake news	What does it look like if these rights are removed?		Teacher choice. Pick up on relevant areas which need revising	Unit 3: Healthy relationships Lesson 5: online relationships A risky business *Sensitive issue

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# George Betts PSHE overview – Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health lifestyles Lesson 3: Healthy lifestyles P.3 You choose!	Unit 4: Emotions Lesson 2: Death and grief P.12 Poppies *Sensitive issues	Extremism Lesson 3: Minority groups P.3 That's so gay! *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily influenced *Sensitive issue	Radicalisation Lesson 5: Terrorism P.5 Ground Zero *Sensitive issue	Unit 3: Similarities and difference Lesson 2: Gender stereotypes P.25 Jobs for all
Week 2	Unit 1: Healthy lifestyles Lesson 5: Healthy minds Young minds	Unit 4: Emotions Lesson 3: Managing conflict P.13 Families at war *Sensitive issue	Unit 1: Rights and responsibilities Lesson 2: Law and order In charge	Unit 3: Economic awareness Lesson 3: Consumer sense A class catalogue	Unit 1: Communication Lesson 1: Confidentiality P.18 Secret info	Unit 3: Similarities and differences Lesson 3: Culture p.26 Cultural feast
Week 3	Unit 1: Healthy lifestyles Lesson 6: Immunisation	Unit 5: Safety Lesson 1: Drugs P.14 Just Say No! *Sensitive issue	Unit 1: Rights and responsibilities Lesson 3: U.N. rights Our rights (2 sessions)	↓	Unit 1: Communication Lesson 2: listening P19 I'm all ears	Unit 4: Healthy relationships Lesson 2: support and care P.28 Connections
Week 4	Unit 2: Nutrition and food Lesson 2: Food choices P.5 Invention team	Unit 5: Safety Lesson 4: Substance abuse P.17 Let's be Frank *Sensitive issue	Unit 1: Rights and responsibilities Lesson 3: U.N. rights Our rights continued	Unit 4: Enterprise Lesson 1: Generating income Making money Link to pocket money	Unit 2: Collaboration Lesson 1: Responding P.21 Scrabble	Unit 3: Healthy relationships Lesson 3: Marriage I promise *Sensitive issue
Week 5	Unit 3: Aspirations Lesson 4: Setting goals I can do that (Visitor opportunity)	Unit 5: Safety Lesson 5 Basic first-aid First-aid tips	Unit 3: Economic Awareness Lesson 2: Consumer sense Payment terms	Children to create memory book of time spent at George Betts.	Unit 2: Collaboration Lesson 2: Shared goals P.22 It's all go	Unit 3: Healthy relationships Lesson 4: mental wellbeing Mind business *Sensitive issue
Week 6	Unit 3: Aspirations Lesson 3: Setting goals P.9 Super futures	Unit 5: Safety Lesson 6: Internet safety Fake news	Teacher choice. Pick up on relevant areas which need revising	↓	↓	Unit 3: Healthy relationships Lesson 5: online relationships A risky business *Sensitive issue

Core theme 1: Health and Wellbeing

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