

George Betts PSHE overview – Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: healthy lifestyle Lesson 1: Healthy Eating P.1 Vote Green	Unit 3: Changing and growing Lesson 2: The human body P.16 Body Bits	Extremism and Radicalisation Lesson 1 : Fact and opinion P.1 I can run faster...	Extremism and Radicalisation Lesson 2: Right or wrong P.2 Redfern right	Extremism and Radicalisation Lesson 3: Valuing difference P.3 The Boring Song	Unit 3: Money and finance Lesson 1: Money P.74 Grows on trees?
Week 2	Unit 1: Healthy lifestyle Lesson 2: Healthy eating p.4 Meat Eaters	Unit 3: Changing and growing Lesson 3: growing up P.17 All grown up	Unit 1: Communication Lesson 1: Feeling P.33 How I feel	Unit 3: Fairness Lesson 1: Fair and unfair P.46 it's not fair!	Unit 5: Keeping safe Lesson 1: Sun safety P.27 It's a cover up!	Unit 3: Money and finance Lesson 3: Money P.76 Keep it safe
Week 3	Unit 2: Hygiene Lesson 1: Dental Hygiene P.9 Brushing up	Unit 4: Emotions Lesson 1: Happiness P.21 Smile	Unit 1; communication Lesson 5: cooperation P.37 Want to play?	Unit 3: Fairness Lesson 2: Comparisons P.47 All the same	Unit 1: Rules and responsibilities Lesson 3: Taking turns P.64 It's your turn!	Unit 3: Money and finance Lesson 5: Choices P.78 This or that?
Week 4	Unit 2: hygiene Lesson 4: Washing hands P.12 Meet grub!	Unit 4: Emotions Lesson 4: Sadness P.24 How to cope	Unit 2: Bullying Lesson 1: Definition P.39 A Bully is...	Unit 3: fairness Lesson 6: Kindness P.51 Give a little	Unit 1: Rules and responsibilities Lesson 6: Caring P.67 Talking to plants (need sunflower seeds)	Unit 3: Money and finance Lesson 6: Enterprise P.79 Dragon's Den (Needs resources)
Week 5	Unit 2: Hygiene Lesson 5: Keeping clean p.13 Bath-time	Unit 5: Keeping safe Lesson 2: Road safety P.28 Green X code	Unit 2: Bullying Lesson 2: Unkindness P.42 Blame game	Unit 4: Family and friends Lesson 1: Friendship P.55 Forever Friends	Unit 2: Communities Lesson 2: Belonging P.70 I Belong...	Unit 1: Rules and responsibilities Lesson 1: Rules add expectations P.62 We expect... (Transition week)
Week 6	Unit 3: Changing and growing Lesson 1: similarities and differences P.15 Boys v girls	Unit 5: keeping safe Lesson 3: Drug safety P.29 Magic medicine	Unit 2: Bullying Lesson 3 : Behaviour P.43 Bullying is...	Unit 4: Family and friends Lesson 2: friendship P.56 Make friends	Unit 2: Communities Lesson 5: Local citizenship P.73 Community care	Unit 1: Rules and responsibilities Lesson 2: Rules and expectations P.63 Class charter (Transition week)

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation

George Betts PSHE overview – Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: healthy lifestyle Lesson 4: Physical activity P.6 Get physical	Unit 3: Changing and Growing Lesson 6: emotions P.20 Mood Swings	Extremism and Radicalisation Lesson 1 : Fact and opinion P.1 I can run faster...	Extremism and Radicalisation n Lesson 2: Right or wrong P.2 Redfern right	Extremism and Radicalisation Lesson 3: Valuing difference P.3 The Boring Song	Unit 3: Money and finance Lesson 1: Money P.74 Grows on trees?
Week 2	Unit 1: healthy lifestyle Lesson 6: exercise P.8 Work out	Unit 4: Emotions Lesson 2: Anger P.22 Grrr!	Unit 1: Communication Lesson 2: Responses P.34 You and me	Unit 3: Fairness Lesson 3: Behaviour P.48 In my shoes	Unit 5: Keeping safe Lesson 1: Sun safety P.27 It's a cover up!	Unit 3: Money and finance Lesson 2: Money P.75 Coining it in!
Week 3	Unit 2: Hygiene Lesson 2: Dental Hygiene P.10 Bright White	Unit 4: Emotions Lesson 3: Love P.23 Three little words	Unit 1: Communication Lesson 4: Cooperation P.36 Negotiation	Unit 3: Fairness Lesson 4: Right an wrong P.49 In the right	Unit 1: Rules and responsibilities Lesson 4: lending/borrowing P.65 The Borrowers	Unit 3: Money and finance Lesson 4: Money P.77 Shopping list
Week 4	Unit 2: hygiene Lesson 4: Washing hands P.12 Meet grub!	Unit 4: Emotions Lesson 5: Consequences P.25 Good v Bad	Unit 2: Bullying Lesson 3 : Behaviour P.43 Bullying is...	Unit 3: Fairness Lesson 5: Teasing P.50 Cry Baby	Unit 1: Rules and responsibilities Lesson 5: Sharing P.66 Share the booty	Unit 3: Money and finance Lesson 6: Enterprise P.79 Dragon's Den (Needs resources)
Week 5	Unit 3: Changing and Growing Lesson 4: Changing needs P.18 I need...	Unit 5: Keeping safe Lesson 2: Road safety P.28 Green X code	Unit 2: Bullying Lesson 4: Behaviour P.44 + and -	Unit 4: Family and friends Lesson 3: Friendship P.57 Hola! Bonjour!	Unit 2: Communities Lesson 1: Our school P.69 Common Goals	Unit 1: Rules and responsibilities Lesson 1: Rules add expectations P.62 We expect... (Transition week)
Week 6	Unit 3: changing ad growing Lesson 5: Responsibility P.19 Who's at fault?	Unit 5: keeping safe Lesson 3: Drug safety P.29 Magic medicine	Unit 2: Bullying Lesson 5: Behaviour P.45 Help Me!	Unit 4: Family and friends Lesson 5: Family P.60 My Family	Unit 2: Communities Lesson 3: Belonging P.71 Join our club (Needs resources)	Unit 1: Rules and responsibilities Lesson 2: Rules and expectations P.63 Class charter (Transition week)

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation

George Betts PSHE overview – Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental P.1 I am who I am	Unit 6: Safety Lesson 2: Online Privacy P.20 The secrets jar	Extremism Lesson 1: Building Courage and resilience *Sensitive issue	Extremism Lesson 2: Extreme reactions *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily Influenced *Sensitive issue	
Week 2	Unit 1: Health Lesson 3: Physical , emotional and mental P.3 Three in one	Unit 7: Growing Changing Lesson 1: Before puberty P.23 You've Grown	Unit 1: Communication Lesson 1: Clear message P.28 Dot, dot, dash	Unit 3: Bullying Lesson 1: Reactions P.35 Frustration		
Week 3	Unit 2: Healthy Lifestyles Lesson1: A balanced approach P.4 Define Healthy	Unit 8: First aid Lesson 1: How to help P.25 Who to call	Unit 1: Communication Lesson 2: How to listen P.29 Listen up	Unit 3: Bullying Lesson 3: Persistence and resilience P.37 Don't give up		
Week 4	Unit 4: Aspirations Lesson1:Identified strength P11 I'm good at that	Unit 8: First Aid Lesson 2: Emergency Calls P.26 Calling 999	Unit 2: Collaboration Lesson 1: Working together P. 32 Name Game	Unit 3: Bullying Similarities and differences Lesson 1: Connections P.39 Paper chains		
Week 5	Unit 5: Emotions Lesson 1: Loss/separation P.15 Lost! *Sensitive issue		Unit 2: Collaboration Lesson 3: Shared goals P.34 Better places	Unit 5: Healthy relationships Lesson 1: Friendship P.43 Best features		
Week 6	Unit 5: Emotions Lesson 4: Family changes P.18 Two Homes * Sensitive Issue		Unit 2: Collaboration Lesson 3: Shared goals P.34 Better places	Unit 5: Healthy relationships Lesson 2: Friendships P.44 Circles time		

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation

George Betts PSHE overview – Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental P.1 I am who I am	Unit 6: Safety Lesson 3: Online privacy P.21 E-protection	Extremism Lesson 1: Building Courage and resilience *Sensitive issue	Extremism Lesson 2: Extreme reactions *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily Influenced *Sensitive issue	
Week 2	Unit 2: Healthy Lifestyles Lesson 2: Physical Exercise P.5 Active kids?	Unit 7: Growing and changing Lesson 2: Visible changes	Unit 1: Communication Lesson 3: Responding to others P.30 Agony aunts	Unit 3: Bullying Lesson 2: Self-worth P.36 I'm a marvel		
Week 3	Unit 3: Nutrition and food Lesson1: A balanced diet P7 Plant or animal?	Unit 8: First Aid Lesson 2: Emergency Calls P.26 Calling 999	Unit 1: communication Lesson 4: Expressing opinions P.31 It's debatable	Unit 3: Bullying Lesson 4: Negative persistence P.38 Over and over		
Week 4	Unit 4: Aspirations Lesson2: Identified strengths P12 Future me	Unit 8: First aid Lesson 3: Emergency call P.27 Ambulance now	Unit 2: Collaboration Lesson 2: Working together P.33 Build it up! (Need resources)	Unit 5: Healthy relationships Lesson 1: Friendship P.43 Best features		
Week 5	Unit 5: emotions Lesson2: Loss/separation P.16 Found! *Separation		Unit 2: Collaboration Lesson 3: Shared goals P.34 Better places	Unit 5: Healthy relationships Lesson 2: Friendships P.44 Circles time		
Week 6	Unit 5: Emotions Lesson 4: Family changes P.18 Two Homes * Sensitive Issue		Unit 2: Collaboration Lesson 3: Shared goals P.34 Better places	Unit 5: Healthy relationships Lesson 3: Friendships P.45 The BAFTAs		

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation

George Betts PSHE overview – Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental P.1 3-Dimensional	Unit 4: Emotions Lesson 3: Managing conflict P.13 Families at war *sensitive issue	Extremism Lesson 3: Minority groups P.3 That's so gay! *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily influenced *Sensitive issue	Radicalisation Lesson 5: Terrorism P.5 Ground Zero *Sensitive issue	
Week 2	Unit 1: Health Lesson 3: Healthy lifestyles P.3 You choose!	Unit 5: Safety Lesson 2: Alcohol P.15 Drink Aware *sensitive issue	Unit 3: Similarities and Differences Lesson 1: race and ethnicity P.24 United States?			
Week 3	Unit 2: Nutrition and food Lesson1: Food choices P.4 Secret eaters	Unit 5: Safety Lesson 3: Tobacco P.16 Up in smoke *sensitive issue	Unit 3: Similarities and differences Lesson 3: Culture p.26 Cultural feast			
Week 4	Unit 3: Aspirations Lesson 1: identified strengths P.7 Big Dreams	Unit 1: Communication Lesson 1: Confidentiality P.18 Secret info	Unit 4: Heathy relationship Lesson1: Physical contact P.27 Touch sensitive			
Week 5	Unit 3: Aspirations Lesson 3: Setting goals P.9 Super futures	Unit 1: Communication Lesson 3: Responding P.20 Scenarios	Unit 2: Collaboration Lesson 3: Shared goals P.34 Better places			
Week 6	Unit 4: Emotion Lesson 1: Death and grief P.11 It's natural *Sensitive issue	Unit 2: Collaboration Lesson 3: Community sprit P.23 All join in	Unit 4: religious views			

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation

George Betts PSHE overview – Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1	Unit 1: Health Lesson 1: Physical, emotional and mental P.1 3-Dimensional	Unit 4: Emotions Lesson 3: Managing conflict P.13 Families at war *Sensitive issue	Extremism Lesson 3: Minority groups P.3 That's so gay! *Sensitive issue	Radicalisation Lesson 4: Vulnerability P.4 Easily influenced *Sensitive issue	Radicalisation Lesson 5: Terrorism P.5 Ground Zero *Sensitive issue	
Week 2	Unit 1: Health Lesson 3: Healthy lifestyles P.3 You choose!	Unit 5: Safety Lesson 1: Drugs P.14 Just Say No! *Sensitive issue	Unit 3: Similarities and difference Lesson 2: Gender stereotypes P.25 Jobs for all			
Week 3	Unit 2: Nutrition and food Lesson 2: Food choices P.5 Invention team	Unit 5: Safety Lesson 4: Substance abuse P.17 Let's be Frank *Sensitive issue	Unit 3: Similarities and differences Lesson 3: Culture p.26 Cultural feast			
Week 4	Unit 3: Aspirations Lesson 2: identified strengths P.8 Big achievers	Unit 1: Communication Lesson 2: listening P.19 I'm all ears	Unit 4: Healthy relationships Lesson 2: support and care P.28 Connections			Food hall P.10
Week 5	Unit 3: Aspirations Lesson 3: Setting goals P.9 Super futures	Unit 2: Collaboration Lesson 2: Shared goals P.22 It's all go				
Week 6	Unit 4: Emotions Lesson 2: Death and grief P.12 Poppies *Sensitive issues	Unit 2: Collaboration Lesson 2: Shared goals P.22 It's all go				

Core theme 1: Health and Wellbeing

Core theme 2: Relationships

Core theme 3: Living in the Wider World

Extremism and Radicalisation