

Week 1

Week commencing:

- 04/09/17 • 04/12/17
- 25/09/17 • 01/01/18
- 16/10/17 • 22/01/18
- 13/11/17 • 12/02/18

MONDAY

MAINS

1. Fish Fingers, mashed potatoes, peas & broccoli
2. Quorn and Sweet Potato Curry (v), served with rice and naan bread (v), assorted salad

DESSERTS

- jam sponge & custard
cheese and biscuits with grapes
fresh fruit platter

TUESDAY

MAINS

1. Chicken and Vegetable Pie and Gravy, oven baked diced herby potatoes, mixed vegetables
2. Noodle Bake (v) oven baked diced herby potatoes, mixed vegetables or assorted salad **NEW DISH**

DESSERTS

- melting moments & custard
Muller yoghurt
melon slices

WEDNESDAY

MAINS

1. Roast of the Day, roast potatoes, parsley potatoes, mixed root vegetables
2. Vegetable Burgers (v), roast potatoes, parsley potatoes, mixed root vegetables or assorted salad

DESSERTS

- chocolate mandarin brownie & custard
ice cream tub
pineapple in fruit juice

THURSDAY

MAINS

1. Chilli Chicken with rice, assorted salad **NEW DISH**
2. Loaded Pizza (v), baked jacket wedges, baked beans or assorted salad

DESSERTS

- lemon drizzle cake
strawberry mousse
fresh fruit salad **NEW DISH**

FRIDAY

MAINS

1. Fish & Chips, peas, sweetcorn or assorted salad
2. Sticky Vegetarian Sausage (v), chips, peas, sweetcorn or assorted salad **NEW DISH**

DESSERTS

- apple flapjack & custard
fruit jelly
fresh fruit platter

Week 2

Week commencing:

- 11/09/17 • 11/12/17
- 02/10/17 • 08/01/18
- 30/10/17 • 29/01/18
- 20/11/17

MONDAY

MAINS

1. Pork Sausages or Vegetarian Sausages, Yorkshire pudding & gravy, mashed potatoes & peas
2. Vegetable Risotto (v), & mixed vegetables or assorted salad

DESSERTS

- banana & gingerbread slice & custard
Muller yoghurt
fresh fruit salad

TUESDAY

MAINS

1. Beef Grill, oven baked diced potatoes, sweetcorn, carrots **NEW DISH**
2. Quorn Southern Style Burger (v), oven baked diced potatoes, sweetcorn, carrots

DESSERTS

- cocoa crunch cookie & custard
arctic roll
fresh fruit platter

WEDNESDAY

MAINS

1. Roast of the Day, roast and boiled potatoes, cabbage & carrots
2. Whole Wheat Tomato Pasta Bake or Macaroni Cheese (v), assorted salad

DESSERTS

- pancakes and fruit
chocolate mousse
pineapple in juice **NEW DISH**

THURSDAY

MAINS

1. Chicken Masala with rice and naan bread, assorted salad **NEW DISH**
2. Loaded Pizza (v), baked cajun wedges, roasted Mediterranean vegetables or coleslaw

DESSERTS

- cherry sponge and custard
cheese, biscuits and apple slices
melon slices

FRIDAY

MAINS

1. Fish & Chips, garden peas or assorted salad
2. Vegetable and Bean Burritos (v), chips, garden peas or assorted salad **NEW DISH**

DESSERTS

- cornflake tart & custard
Muller yoghurt
fresh fruit salad

Week 3

Week commencing:

- 18/09/17 • 18/12/17
- 09/10/17 • 15/01/18
- 06/11/17 • 05/02/18
- 27/11/17

MONDAY

MAINS

1. Beef Meatballs in Tomato Sauce served with whole wheat pasta
2. Vegetable Finger (v), oven baked diced potatoes, mixed vegetables **NEW DISH**

DESSERTS

- chocolate crunch and chocolate sauce
strawberry mousse
peaches in juice

TUESDAY

MAINS

1. All Day Brunch (bacon, sausage, omelette, beans, hash brown)
- OR
All Day Vegetarian Brunch (v) (vegetarian sausage, omelette, beans, hash brown)
2. Jacket Potato with cheese and beans (v) assorted salad

DESSERTS

- fruit muffin & custard
Muller yoghurt
fresh fruit salad

WEDNESDAY

MAINS

1. Roast of the Day, boiled potatoes, broccoli, carrots
2. Quorn Paella (v), assorted salad

DESSERTS

- oaty fruit crunch & custard
ice cream tub
fresh fruit platter

THURSDAY

MAINS

1. Beef Bolognese with spaghetti and garlic bread
2. Loaded Pizza (v), oven baked jacket wedges, baked beans, assorted salad

DESSERTS

- pineapple upside down cake and custard
fruit jelly
melon slice

FRIDAY

MAINS

1. Fish & Chips, peas and sweetcorn
2. Cheese Flan (v), chips, peas and sweetcorn **NEW DISH**

DESSERTS

- shortbread & custard
Muller yoghurt
fresh fruit salad